



Community Resources Guide



Community Resources Guide

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COUNTY SOCIAL SERVICES

Each county in New York has a **Department of Social Services (DSS)** that provides an array of programs to meet its residents' social and financial needs – especially the needs of low-income residents.

- Select programs of interest include:
 - Home Energy Assistance Program (HEAP) – a federally funded energy assistance program. New York's grant is allocated among the following agencies:
 - Office of Temporary and Disability Assistance (OTDA) for a heating benefit program
 - State Division of Housing and Community Renewal for weatherization activities
 - State Office of Aging for outreach and referral activities
 - Child Care Assistance – Low income day care for families at up to 200% of the Federal Poverty Level.
 - Family Assistance – Temporary Assistance for Needy Families (TANF) provides cash assistance to eligible needy families that contain minor children under age 18 or under 19 if the oldest child is expected to complete secondary school or vocational training by the 19th birthday.
 - Emergency Assistance to Adults/Families (EAA/EAF) - available to Supplemental Security Income (SSI) recipients who face emergency situations which endanger their health, safety or welfare. Needs of EAF recipients could include financial help with eviction, homelessness, heating fuel, utility disconnects, domestic violence, and child care (day care or temporary foster care).
 - Food Insecurity – Supplemental Nutrition Assistance Program (SNAP)

DSS Contact Information for SUNY Schenectady Students' Most Common Counties of Residence

Schenectady County Department of Social Services

<https://www.schenectadycounty.com/dss>

797 Broadway, Schenectady, NY 12305-2704

(518) 388-4470

Albany County Department of Social Services

<https://www.albanycounty.com/departments/social-services>

162 Washington Avenue, Albany, NY 12210

(518) 447-7300

Fulton County Department of Social Services

<https://www.fultoncountyny.gov/fulton-county-department-social-services>

4 Daisy Lane, Johnstown, NY 12095

(518) 736-5600

Montgomery County Department of Social Services

<https://www.co.montgomery.ny.us/web/sites/departments/socialservices/resources.asp>

Montgomery County Office Building

PO Box 745 - 64 Broadway, Fonda, NY 12068-0745

(518) 853-4646

Rensselaer County Department of Social Services

<https://www.rensco.com/232/Social-Services>

127 Bloomingrove Drive, Troy, NY 12180

(518) 833-6000

Saratoga County Department of Social Services

<https://www.saratogacountyny.gov/departments/social-services/>

152 West High Street, Ballston Spa, NY 12020

(518) 884-4140

MULTI-SERVICE PROGRAMS AND AGENCIES

2.1.1 Northeast Region, NY

<https://www.211neny.org/>

The United Way's 211 system helps people locate basic resources such as food, shelter, employment or healthcare. You can either dial 211 for assistance or use their online search tool to locate resources in Albany, Columbia, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington counties.

Catholic Charities of the Diocese of Albany

www.ccrda.org

Executive Office

40 North Main Avenue, Albany, NY 12203

(518) 453-6650

Catholic.Charities@ccrda.org

- One of the largest, private, social service agencies in the region, serves the 13 counties of the Roman Catholic Diocese of Albany (*Albany, Columbia, Delaware, Fulton, Greene, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington Counties*) and a portion of southern Herkimer County

Programs of note include:

- [Care Coordination Services](#) - Serve people living with HIV, those with chronic behavioral and physical health conditions, drug users, homeless individuals, and others in need of non-judgmental person-centered care.
 - NY Health Homes Initiative
- [Tri-County Services](#) – This agency coordinates an array of essential basic needs and youth services in Albany, Rensselaer and Schenectady Counties.

OTHER SOCIAL SERVICE AGENCIES AND RESOURCES BY COUNTY

Schenectady County

Schenectady Community Action Program (SCAP)

913 Albany Street

Schenectady, NY 12307

(518) 374-9181

<https://www.scapny.org/>

The Salvation Army of Schenectady County

222 Lafayette Street, Schenectady 12305

(518) 436-0222

<https://empire.salvationarmy.org/empireny/schenectady>

SICM – Schenectady Community Ministries

837 Albany Street, Schenectady, NY 12307

(518) 374-2683

<https://www.sicm.us/>

Albany County

Albany County District Attorney Community Services

<http://www.albanycountyda.com/bureaus/revjohnmilleror/linksresources.aspx>

Albany County Emergency Resource Guide

<https://www.albanycounty.com/home/showdocument?id=994>

Albany Community Action Program

333 Sheridan Avenue, Albany, NY 12206

(518) 463-3175

<https://albanycap.org/>

- Service Navigation Team helps connect you with services
- Early Childhood Education
- Career Services
- Food Pantry
- Volunteer Income Tax Assistance Program (VITA)
- Energy Services – weatherization

Equinox

<https://www.equinoxinc.org/>

500 Central Avenue, Albany, NY 12206

(518) 435-9931

- Domestic Violence
- Substance Abuse
- Mental Health

The Salvation Army Albany Corps

20 S. Ferry St., Albany

(518) 463-6678

<https://easternusa.salvationarmy.org/empire/albany/>

Saratoga County

LifeWorks Community Action (formerly Saratoga County Economic Opportunity Council, Inc.)

<https://lifeworksaction.org/home>

Linda Cerzenga, Executive Assistant

(518) 288-3206

[Interagency Yellow Pages](#): A Directory of Programs and services for residents of Saratoga, Warren and Washington Counties

CAPTAIN Community Human Services

(518) 371-1185

www.captaincares.org

- Captain's Treasures Next to New Shop (clothing and household goods)
- Emergency Assistance
- Family Support Services

Rensselaer County

Rensselaer County Resource Guide-2019

<https://caresny.org/wp-content/uploads/2019/03/Rensselaer-County-Resource-Guide-2019.pdf>

Commission on Economic Opportunity (CEO) for the Greater Capital Region

2331 Fifth Ave. in Troy

(518) 272-6012

www.ceoempowers.org

The Salvation Army Troy Temple Corps

410 River Street, Troy, NY 12180

(518) 272-4901

<https://easternusa.salvationarmy.org/empire/troy/>

Fulton & Montgomery Counties

Fulmont Community Action

www.fulmont.org/cares-program/

20 Park Street (Montgomery County Annex Building), Fonda, NY 12068

(518) 853-3011

fulmontcommunity@hotmail.com

CARES Program – includes car repair/purchase assistance

Centro Civico of Amsterdam

www.centrocivico.org

143 – 145 East Main Street, Amsterdam, NY 12010

(518) 842-3762

- *Serves the immigrant, refugee and Latino community in the Capital Region and surrounding counties*
- *Helps low-income families access English as a second language classes, language access, case management, language courses for adults, voter registration drives, advocacy and a variety of health, education, housing, business development and employment programs.*
- *In 2020, this organization merged with the Ibero-American Action League Inc.*

RESOURCES FOR SPECIFIC NEEDS

Food Insecurity/Basic Needs

NOTE: A complete list of local pantries are posted at the Food Pantry

- **Schenectady Community Action Program (SCAP)**
<https://www.scapny.org/>
913 Albany Street, Schenectady, NY
(518) 374-9181
- **Schenectady Community Ministries (SICM – formerly Schenectady Inner-City Ministries)**
<https://www.sicm.us/>
A partnership of 50+ faith groups with a shared vision for social service and social justice.
 - Rev. Phil Food Pantry, 839 Albany St. Schenectady
 - (518) 346-4445
 - Patty’s Place (drop-in for hygiene products and resources/referrals)
 - Tuesdays 1:30-3:30pm
- **Nutrition Outreach Education Program (NOEP) at Catholic Charities**
<https://www.ccrda.org/get-help/schenectady-county/food-nutrition/>
(518) 374-2427
- **Bethesda House**
<https://www.bethesdahs.org/>
834 State Street, Schenectady
(518) 374-7873
- **The Salvation Army of Schenectady County**
<https://empire.salvationarmy.org/empireny/schenectady>
222 Lafayette Street, Schenectady
(518) 346-0222
- **Focus Churches of Albany**
<https://www.focuschurches.net/about-us.html>
275 State Street, Albany
(518) 443-0460

On-Campus Child Care (All sites accept DSS funding)

Provides child care when attending in-person, taking online classes, or working

- **SUNY Schenectady Integrated Laboratory Preschool** *for ages three to four years old*
<https://sunysccc.edu/Current-Students/Student-Life-and-Resources/Childcare-on-Campus/SUNY-Schenectady-Integrated-Laboratory-Preschool.html>
Contact Prof. Tammy Calhoun tcalhoun@sunysccc.edu (518) 381-1295

- **YWCA Childcare Center** based on SUNY Schenectady campus; for ages six-weeks to five years old
<http://www.ywca-northeasternny.org/early-learning-centers/>
 Contact Rebecca Fitch rfitch@ywca-ny.org (518) 381-1375 or
 Contact Nancy Johnson njohnson@ywca-ny.org (518) 374-3394
- **Capital District Childcare Coordinating Council - Childcare Directory**
 Helps families find a child care provider and approves friends/relatives for child care assistance
info@brightsideup.org
<https://www.brightsideup.org/find-child-care>
<https://www.brightsideup.org/find-care-portal>
 (518) 426-7181 or 1-800-521-KIDS (5437)

Housing/Homeless Shelters

- **CARES of NY**
<https://caresny.org/>
 A non-profit organization that empowers communities to end homelessness through community planning, program data, supportive housing, and awareness-building.
 - **CDPHP Care Manager Homeless Services Referral Guide**
<https://caresny.org/wp-content/uploads/2021/03/County-Homeless-Services-Guide.pdf>
- **City Mission of Schenectady**
<https://citymission.com/project/provide-shelter/>
 - Family Life Center (for women and children)
 - 311 Clinton Street Schenectady NY 12305
(518) 346- 2275 ext. 324
 - Men’s Center
 - 427 Hamilton Street Schenectady NY 12305
(518) 346-2275 ext. 312
 - Intake at 4:00pm; must arrive before then
- **YWCA of Schenectady** (women only, no children)
<https://www.ywca-ny.org/>
 44 Washington Ave., Schenectady NY 12305
 (518) 374-3394 ext. 118
- **YMCA of Schenectady** (men only)
<https://cdymca.org/programs/housing/845-commons/>
 845 Commons Residence (next to DSS)
 - 845 Broadway, Schenectady, NY 12305
(518) 374-9136

- Schenectady Co. residents only
- **Joseph's House and Shelter**
<https://www.josephshousetroy.org/help>
 74 Ferry Street, Troy, NY 12180
 (518) 272-9370
info@josephshousetroy.org
 - **Kendal House** - 393 North Pearl Street, Albany, NY, 12207
 (518)-426-0554
- **Catholic Charities Housing Office**
www.cchoalbany.org
 43 North Main Street, Albany, NY 12203
 (518) 459-0183
- **Family Promise of the Capital Region**
<https://www.familypromisecr.org/>
 738 New Scotland Avenue, Albany, NY 12208
 (518) 650-8895
- **Homeless and Travelers Aid Society**
<http://hatas.org/>
- **Interfaith Partnership for the Homeless (IPH)**
<https://www.iphny.org/>
 176 Sheridan Ave., Albany, NY 12210
 (518) 434-8021
- **Veterans and Community Housing Coalition (VCHC)**
<https://www.vchcny.org/>
 20 Prospect St., Bldg 2, Ste 313, Ballston Spa, NY 12020
 (518) 885-0091

Domestic Violence

National Domestic Violence Hotline

Hours: 24/7. Languages: English, Spanish and 200+ through interpretation service
 (800) 799-7233 or 1-800-787-3224 (TTY)

National Deaf Hotline Videophone 9am-5pm M-F 1-855-812-1001 or deafhelp@thehotline.org

New York State Coalition Against Domestic Violence (NYSCADV) – Program Directory
<https://www.nyscadv.org/find-help/program-directory.html>

Schenectady County

- **YWCA of Schenectady**
<https://www.ywca-neny.org/dv/>
44 Washington Avenue, Schenectady NY 12305
(518) 374-3394
(518) 374-3386 – HOTLINE
info@ywca-neny.org
- **Sexual Assault Hotline (Planned Parenthood)**
(518) 346-2266

Albany County

- **Albany County Crime Victim and Sexual Violence Center**
 - Provides criminal justice advocacy to **Victims of Domestic Violence**
<https://www.albanycounty.com/departments/crime-victim-and-sexual-violence-center/what-we-do/support-for-domestic-violence-victims>
 - Provides support for **College Students**
<https://www.albanycounty.com/departments/crime-victim-and-sexual-violence-center/what-we-do/support-for-college-students>
 - Call (518) 447-7100, Monday-Friday between 8:30 AM - 4:30 PM to ask for a confidential *phone consult with the campus coordinator*.
 - **Sexual Assault Hotline: (518) 346-2266**
- **Equinox**
<https://www.equinoxinc.org/page/domestic-violence-services-15.html>
Domestic Violence Hotline: (518) 432-7865
500 Central Avenue, Albany, NY 12206
(518) 435-9931

Fulton & Montgomery Counties

- **Catholic Charities Fulton Montgomery**
<https://www.catholiccharitiesfmc.org/domestic-violence>
Domestic Violence Hotline: (518) 842-3384

Rensselaer County

- **Unity House**
<https://www.unityhouseny.org/services/domestic-violence-services/>

Domestic Violence Hotline: Call (518) 272-2370, Text (518) 720-6161
504 Broadway, Troy, NY 12180 (518) 272-5917

***Rensselaer County Rural Outreach:**

Hoosick Falls Armory, 80 Church Street, Hoosick Falls, NY 12090, (518) 687-3024

Saratoga County

- **County Office** Domestic Violence Hotline (518) 584-8188
or Saratoga County Department of Social Services Domestic Violence Unit (518) 884-4159
- **Wellspring**
<https://www.wellspringcares.org/>
Hotline: 518-584-8188

Mental/Behavioral Health

- **National Suicide Prevention Helpline: 988**
Twitter: @800273TALK
<https://988lifeline.org/>
- **Regional Mental Health Resource Guide: A Directory of Hotlines and Mental Health Services for the Capital District**
https://www.healthycapitaldistrict.org/content/sites/hcdi/Self-Management_Guides/Regional-Mental-Health-Resource-Guide.pdf
- **Schenectady County Office of Community Services**
<https://www.schenectadycounty.com/community-services>
797 Broadway, Suite 304, Schenectady, NY 12305
518-386-2218
- **Ellis Hospital**
<http://www.ellishospital.org/services/mental-health.aspx>
Crisis/Inpatient Services – 518-243-4000 (24hr a day, 7 days per week)
Adult Outpatient Mental Health Services – 518-243-3300
Child & Adolescent Outpatient Mental Health Services – 518-382-2290
 - **The Living Room** – *Crisis Diversion Services*
1023 State Street
Schenectady, NY
Phone: (518) 243-1523
Hours: Monday - Friday | 10 am - 6 pm
- **Hometown Health Centers**

<https://www.hometownhealthcenters.org/>

(518) 370-1441 (Schenectady)

(518) 627-2110 (Amsterdam)

- **Northern Rivers Family of Services** (*Parent Company*)

<https://www.northernrivers.org/mobile-crisis>

(518) 426-2600

Member agencies: Northeast Parent & Child Society

Parsons Child & Family Center

Unlimited Potential

- **University at Albany Psychological Services Center**

<https://www.albany.edu/psc/>

299 Washington Ave, Albany, NY

(518) 442-4900

Substance Abuse

- **Schenectady County Office of Community Services**

<https://www.schenectadycounty.com/community-services>

(518) 386-2218 (Narcotics Training)

- **SPARC (St. Peter's Addiction Recovery Centers)**

<https://www.sphp.com/find-a-service-or-specialty/addiction/>

(518) 452-6700 – Inpatient Rehab

(518) 357-2909 – Outpatient Clinic

- **Project COAST (Coordinated Opioid and Stimulant Treatment)**

Hotline: (866) 518-4991 (24/7)

- **Hometown Health**

(518) 370-1441, x4182 or x4175

- **Catholic Charities/Project Safe Point**

(866) 930-4999 – 24/7 Health Hub

- **New Choices Recovery Center**

<https://www.newchoicesrecovery.org/>

728 State Street, Schenectady, NY 12307

(518) 346-4436 or (518) 382-7838

- **Equinox**

<https://www.equinoxinc.org/page/substance-abuse-counseling-center-14.html>

95 Central Avenue, Albany, NY 12206
(518) 434-9931/6135

- **Conifer Park**
<https://www.coniferpark.com/>
79 Glenridge Road, Glenville, NY 12302
(518) 372-7031 (Outpatient)
800-928-6433 (inpatient)
- **HFM Prevention Council**
<https://hfm-preventioncouncil.com/>
86 Briggs Street, Suite #5, Johnstown, NY 12095
518-736-8188
The mission of the HFM Prevention Council is to increase the health and wellness in Hamilton, Fulton and Montgomery Counties by preventing and reducing addiction disorders through education, recovery supports, supportive housing and community outreach.
- **New Choices Recovery Center**
<https://www.newchoicesrecovery.org/>
728 State Street, Schenectady, NY 12307
518-346-4436 or 518-382-7838

Medical

- **Hometown Health Centers**
<https://www.hometownhealthcenters.org/>
(518) 370-1441 (Schenectady)
(518) 627-2110 (Amsterdam)
- **Whitney Young, Jr. Health Center**
<https://www.wmyhealth.org>
920 Lark Drive, Albany, NY 12207
(518) 465-4771

Dental Clinics

- **Hometown Health Centers**
<https://www.hometownhealthcenters.org/>
(518) 370-1441 (Schenectady)
(518) 627-2110 (Amsterdam)

- **Whitney Young Dental Clinic**
<https://www.wmyhealth.org/services/dental-care/>
 900 Lark Drive Albany, NY - 12207
 (518) 465-6330
- **Albany Upstate Dental**
<http://www.albanyupstatedental.com/>
 510 Broadway, Ste. 100, Albany 12207
 (518) 465-0808

Smoking Cessation Programs (Source: [Albany Medical College](#))

https://www.amc.edu/patient/services/childrens_hospital/pediatric_environmental_health/resources.cfm

- **NYS Smoker's Quitline** offers several free benefits including a quit-line coach, free nicotine replacement, and local resources.
- **NYSmokeFree - LocalResources**
- **The Butt Stops Here** is a local group support and education program to help assist individuals in their journey to quit smoking. Call 518-459-2550 for more information or to register.
- **Smokefree.gov** is supported through the National Institutes of Health and has many resources including online support groups.
- **Resources for Women - Smokefree Women**
- **Resources for Parents - Campaign for Tobacco-Free Kids**
- **Resources for Teens - The Truth
Smokefree Teen**
- **Spanish-Language Resources - Smoke-Free Español**
- **American Lung Association - Join Freedom from Smoking**
<https://www.lung.org/quit-smoking/join-freedom-from-smoking>

Employment Resources

- **Schenectady College and Career Outreach Center**
<https://sunysccc.edu/About-Us/Schenectady-College-and-Career-Outreach-Center.html>
433 State Street, Schenectady, NY 12305
(518) 631-2257
- **Schenectady County Connects** – Job Training Agency *and* the New York State Department of Labor One-Stop Career Center/American Job Center
<https://www.schenectadycounty.com/sjta>
797 Broadway, Schenectady, NY 12305
(518) 344-2737
- **Capital District Women’s Employment & Resource Center (WERC)**
<https://www.cdwercc.org/>
175 Central Avenue, Albany, NY 12206
120 Defreest Drive, Troy, NY 12180
(518) 242-8249

Legal Services

- **Legal Aid Society of Northeastern New York**
<https://www.lasny.org/>
(833) 628-0087
- **Legal Hand** (call-in center)
<https://www.theccj.org/>
Email: schenectadyalbanyhelp@legalhand.org
(518) 400-5544 (phone or text)
Chat: www.legalhand.org/call-in-center/schenectady-albany
Serving Schenectady and Albany counties, trained community volunteers, who are not lawyers, provide free information, assistance, and referrals to help people resolve issues that affect their lives, such as employment, housing, family, immigration, domestic violence, and benefits, and try to prevent problems from turning into legal actions. No eligibility requirements, and all are welcome.

WiFi and Computer Access

- **Affordable Connectivity Program**
<https://www.affordableconnectivity.gov/>
(877) 384-2575
A U.S. government program administered by the Federal Communications Commission (FCC) provides low income families with up to \$30 per month toward the cost of

broadband internet service. Participating households can also receive up to \$100 toward the purchase cost of a laptop, desktop computer or tablet.

OTHER RESOURCES

Thrift Stores

- **[Habitat for Humanity Restore of Schenectady County](#)**
115 North Broadway, Schenectady, NY
518.395.3412 ext. 101.
<https://www.schenectadyrestore.org/>

Thrift Stores (cont.)

- **[City Mission of Schenectady Thrift Store](#)**
<https://citymission.com/project/provide-clothing/>
416 Saratoga Rd Glenville NY 12302
(518) 346-2275 ext. 391
- **[Captain's Treasures Next to New Shop](#)** (clothing and household goods)
CAPTAIN Community Human Services
www.captaincares.org
(518) 371-1185

Public Libraries – *offer an array of educational programs and services for children, youth and adults*

- **[Schenectady County Public Libraries](#)** (8 Branches)
<http://www.scpl.org/>
- **[Albany Public Libraries](#)** (7 Branches)
<https://www.albanypubliclibrary.org/>
- **[The Troy Public Library](#)**
<https://www.thetroylibrary.org/>
- **[Amsterdam Free Library](#)**
<https://www.amsterdamlibrary.com/>
- **[Saratoga County Public Libraries](#)** (14 branches)
<https://www.saratogacountyny.gov/departments/publichealth/libraries/>

Financial Literacy

- **SUNY Smart Track Website**
<https://www.suny.edu/smarttrack/about/>

Wellness and Support Programs

- **Capital District YMCA**
<https://cdymca.org/locations/>
- **YMCA360** – an on-demand video platform that includes group exercises, well-being classes and more.
<https://cdymca.org/y360/>