

Personal Care Aide (PCA) Upgrade to Home Health Aide (HHA)



Upcoming Classes:
Hybrid: Online Class
with In person clinical rotation
and testing

Date:
Current class schedule can be
found on our website at
www.sunysccc.edu/wfdce
under healthcare trainings

Times:
9:00 AM-3:00 PM
Monday– Friday

Location:
SUNY Schenectady at
Center City
433A State Street, 2nd floor
Rear
Schenectady, NY

Students will be required to
follow all COVID-19 protocols
in place when the class is in
session according to SUNY
Schenectady guidelines.

Cost:
\$825.(includes tuition,
textbooks and class materials)

This course is designed for those who already have the Personal Care Aide (PCA) certification and wish to acquire additional training to become a certified Home Health Aide (HHA). The training is two weeks long and covers the required 35 hours of classroom and clinical lab as well as the eight hours of clinical experience in an assisted living facility setting. As demand for HHAs continues to increase, obtaining this additional certification gives participants the flexibility to work at both levels of care.

Requirements: Medical and immunization information.

SUNY SCHENECTADY
COUNTY COMMUNITY COLLEGE

WORKFORCE DEVELOPMENT AND
COMMUNITY EDUCATION

Contact us to learn more about this opportunity
healthcare@sunysccc.edu

Or visit our website: <https://sunysccc.edu/wfdce>

Functional Abilities

The Federal Americans with Disabilities Act (ADA) prohibits discrimination against persons with disabilities. In keeping with this law, SUNY Schenectady makes every effort to ensure quality education for all students. However, we feel obliged to inform students of the functional abilities demanded by a particular occupation. In order to perform the duties associated with the job for which this training is intended, students should have the ability to do the following.

Gross Motor Skills

- Ability to maintain balance in standing position
- Ability to twist body from one side to the other
- Ability to reach below the waist and to the front or side of the body to the level of the top of head (examples: adjust overhead lights, plug electrical appliance into wall outlet)
- Ability to push, pull, stabilize, twist, and freely move arms to allow movement of 50 pounds (as in moving an object or transferring a client from one place to another)

Fine Motor Skills

- Ability to grasp, twist, squeeze, pinch, and manipulate fine equipment for at least five seconds.
- Tactile Ability**
- Ability to distinguish subtle vibrations through the skin (pulse)
 - Ability to identify the subtle difference in surface characteristics (feel a raised rash)
 - Ability to detect temperature (skin, liquids, environment)

Mobility

- Ability to squat or modified squat (one knee on floor) for at least one minute
- Ability to move quickly in case of emergency situations
- Ability to climb and descend a flight of stairs in succession
- Ability to walk independently without the assistance of a cane, walker, crutches, wheel chair or the assistance of another person

Environment & Physical Endurance

- Ability to have stamina sufficient to maintain physical activity for a period of time from five to eight hours
- Ability to tolerate exposure to common allergens such as pets, body lotions, soaps, and cleaning products
- Ability to work in confined spaces
- Ability to tolerate heat and humidity as high as 90 degrees for up to 30 minutes (shower/bathrooms)
- Note: Students with pet allergies need to contact the CNA or HHA Instructor in advance of the class to determine if a pet resides in the clinical facility. If possible, attempts will be made to place students in clinical facilities without pets.

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Functional Abilities

Speech and Communication

- Ability to interact with others to report and advocate for the needs of the clients
- Ability to speak, write, and understand English in order to be able to communicate with clients as well as report and document client information

Senses: Smell, Hearing, and Vision

- Ability to detect differences in body and environmental odors
- Ability to hear and understand voices spoken at a normal speaking volume within a distance of 10 feet
- Ability to hear faint noises such as whispers within a range of four feet
- Ability to have depth perception and peripheral vision to allow identification of dangerous objects and client situations within the client's room
- Ability to read and interpret written data held at normal reading distance

Emotional Stability

- Ability to interact and support clients during times of stress and emotional upset
- Ability to adapt to changing situations and emergency conditions while maintaining emotional control
- Ability to cope with strong emotions and physical outbursts of clients while remaining reasonably calm
- Ability to focus attention on client needs despite interruptions and multiple demands
- Ability to accept constructive feedback and accept responsibility for actions

Interpersonal Skills

- Ability to apply knowledge gained in classroom to establish appropriate relationships with clients, families, and co-workers
- Ability to interact as a member of the health care team
- Ability to show respect for diversity in culture, religion, sexual orientation, marital status, socio-economic status, and abilities and disabilities

Students with disabilities have the right to request reasonable accommodations from the college and the program, as necessitated by their disability. Information is available on reasonable accommodations to meet the Functional Abilities upon the applicant's request. Please contact <http://sunysccc.edu/Current-Students/Student-Life-and-Resources/Wellness-and-Support-Services/Disability-Resources>